



CHS Staff Newsletter
August 2010



Dates & Dialogue

Connecting the Cottage Community



Staff Ticket Sales

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Project Linus Tea



Dispatches

Lunch Bunch

Staff give up a lunch break to make a difference in a child's life.



Above: Kim Morales (Endoscopy) listens as a little girl in her group reads to them after enjoying a hospital tour and lunch.

What do hungry kids, tattoos and reading have in common? They were the ingredients making up an exciting educational visit to SBCH for kids enrolled in United Way's Fun in the Sun (FITS) summer program.

Food and tattoos—parents will recognize the strategy: Dangle those two out there and you can probably sneak the reading of a good book into the mix for children who consider text messaging a literary endeavor.

FITS has been working with low-income families for 14 summers in Santa Barbara County, collaborating with organizations like Cottage to address the long-standing issues of summer learning loss, and the achievement gap that a majority of underserved and behaviorally at-risk children (ages 6-18) sometimes experience.

"It's such a wonderful program that it seemed only natural to invite the children, the goal being to provide an early, positive hospital experience," said Tiana Riskowski, Administrative Project Coordinator at Cottage, who helped arrange the visit.

How does it work? In providing field trips, FITS partners with the local agencies and organizations to provide insight into the work they do, before hosting a meal and storytime of reading with staff. Cottage provided tours of the Nutrition Department and ED, after which the kids listened to a talk by a pet therapist in Burtness.

The heart of the visit followed when boxes of books were brought out during Lunch Bunch, a time when reading groups led by various Cottage staff members were formed. Some read to the kids while others encouraged the children to take turns to read.

"Cottage employees assist United Way in financial ways but giving our time is also important," said Annice Spangler (Patient Business Services). Does it make a difference? Studies show that students who participate in a minimum of thirty 45-minute reading lessons are expected to show an average of one grade level gain in reading. Thanks to staff who gave of their time, Cottage was able to contribute towards this goal.

"Show him your tattoo, show him yours," says Jonathan as Natalie talks about the tour and the Junior Paramedic tattoos they received after being badged in as visitors. Having a good time, learning social skills while on the tour and exercising good behavior in a big hospital were just the beginning of this important little adventure. The best part was that it ended with a good story. Thank you to all staff who participated.



Multimedia on website.

ADMINISTRATOR ON CALL:

July 28 – August 4 / Suzanne Dalston • August 4 – August 11 / Sharon Lutz • August 11 – August 18 / Steve Fellows
August 18 – August 25 / Herb Geary • August 25 – September 1 / Karen Jones

Corporate Compliance Hotline: x57877

Gift Shop To Sell Discount Tickets



HR is excited to share that discount tickets (bus passes, amusement parks, movie tickets) can now be purchased by SBCH and CRH staff at the SBCH Gift Shop. Especially convenient, the Gift Shop is open seven days a week and has expanded their hours. The shop also accepts credit cards. Please note that tickets for all CHS **Events** will be sold at SBCH by Benefits Administration and staff times and location for purchasing tickets will be communicated in advance. Please do not go to the Gift Shop for Picnic tickets, or other event-related sales. **Pictured:** Gift Shop Manager Cathy Monclus takes receipt of the tickets from HR Manager Ron Lafrican. With Ron is Angelena Plowman (Benefits/Compensation).

Palliative Care to Celebrate 5th Anniversary

Five years ago, Dr. Michael Bordofsky chaired an interdisciplinary, inter-agency group of professionals from CHS, Hospice of Santa Barbara, and Visiting Nurse and Hospice Care. This group had a vision of improving care to hospitalized patients with life-threatening illness, and to provide compassionate care to the dying. That vision was realized on August 30, 2005, when the Palliative Care Consultation Service (PCCS) saw its first patients, becoming the first comprehensive Palliative Care service on the Central Coast.

Since that time, the PCCS has assisted more than 2700 patients and their families, by helping to manage symptoms (pain, nausea, dyspnea, etc.), and providing psychosocial and spiritual support.

On August 30, the Service celebrates its fifth anniversary. Please join the Palliative Care Team at a reception on the 6th floor patio from 11:00 AM to 12:30 PM, August 30. Light refreshments will be served.



The Cottage Magazine Annual Report issue is now available in the hospitals and local businesses, and also on our website.

An Injury Prevention Message.

Kids Day



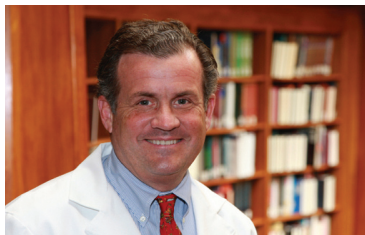
August 1 is Kids Day and although it's early, please begin to consider what you can do about child safety for kids on their way to school, when the new school year begins. The Santa Barbara County Air Pollution Control District participates in the Safe Routes to School program. This program is designed to decrease traffic and pollution and improve the health of children and the community. It has designated specific routes for walking or biking to school that enjoy greater enforcement of traffic laws. Visit sb-capcd.org/saferoutes.htm to learn about routes in your neighborhood.

No more pills. No more pain. A free seminar presented by David Thoman, MD, FACS and William Karnes, MD on a new incisionless procedure that treats acid reflux disease. **Friday, July 30 at 7:00 pm and Tuesday August 31 at 6:00 pm in Burtness Auditorium. Reservations at 805-569-7404.**

New SB Neuroscience Institute

Aims to Create a Top-Tier Center for Care and Research

After many years of planning, the Santa Barbara Neuroscience Institute (SBNI) at CHS has been launched under the leadership of Thomas H. Jones, MD, as medical director.



Many in the Santa Barbara community are already familiar with Dr. Jones as a prominent local neurosurgeon who has been in practice for 28 years. Dr. Jones is also a steadfast advocate of healthcare reform, who has a strong belief in providing the highest quality care possible for every dollar spent on health care.

The Board of Directors has identified the neurosciences as a top priority to meet the future healthcare needs of the Central Coast and surrounding areas.

Dr. Jones will chair a committee of multi-disciplinary physicians from the community to focus on achieving improved patient care, maximum value for each dollar spent, competitiveness for clinical services and providing a venue for applied and clinical research for neuroscience offerings.

Dr. Jones received a BA degree from the University of Virginia (cum laude) and earned his medical degree from the University of Virginia School of Medicine. He completed a surgical internship at Massachusetts General Hospital in Boston, a junior residency in General Surgery and a residency in Neurosurgery at Massachusetts General Hospital. He was Senior Assistant Resident in Neurosurgery at Peter Bent Brigham Hospital and Children's Hospital Medical Center in Boston, and was named Chief Resident in Neurosurgery at Massachusetts General Hospital. Dr. Jones completed three fellowships: Clinical Research Fellow and Research Fellow at Massachusetts General Hospital and Harvard Medical School, and Clinical Fellow in Neurosurgery at The Lahey Clinic in Burlington, Massachusetts.

ONCOLOGY NURSING SYMPOSIUM



A Celebration of Life

Friday, October 22

*Fess Parker's
DoubleTree Resort*

*Keynote Speaker:
Chris Pasero*

*Neuroscience
Symposium*

**Saturday,
October 2**

*Fess Parker's
DoubleTree Resort*

saving
the brain



Project Linus Tea



Joanne Logan shares one of the many blankets she has provided. Seated is Brandon Oney (Trauma Services). Many years ago he received a blanket. Brandon attended the event to thank the volunteers personally, and let them know what a difference it made in his life. He still has his Project Linus blanket.

The Project Linus Tea was held in July to acknowledge and thank the many community volunteers who serve in this program from their homes, schools and churches.

This amazing group of women knit, crochet, and quilt to assure that every child that enters SBCH receives a security blanket that comforts them while they recover, and to take home with them as they continue to recuperate.

The program, coordinated by SBCH Volunteer Joy Montag, produced more than 800 blankets in 2009. And over the last ten years they have provided warmth, security and comfort to more than 10,000 children. Thank you to everyone involved with Project Linus!



Top: Entertainment for the event was provided by the Ukulele Lulus, a lively volunteer group from Family Service Agency. **Above:** Still knitting, volunteers enjoy the tea and music.



Multimedia on website.



Radiology Graduates

Congratulations to these three Radiology residents, all of whom graduated in June—Jonathan Coll, Michael Lin and Taylor Jordan. All three will go on to fellowships as follows: Michael Lin in musculoskeletal radiology at UC Irvine, Taylor Jordan in abdominal imaging at UC San Francisco and Jonathan Coll in abdominal imaging at UC Davis.

Congratulations also to Program Director Dr. Bernard Chow who received the program's Teacher of the Year Award.



Employee Fund Update

The 2010 SBCH/CRH Employee Annual Fund has raised more than \$18,000! Thanks go to all who have supported this new effort. For information contact **Pat Heller** in Development (pheller@sbch.org). (Spanish forms are on the Portal: Click on D&D, scroll down the Current Article list and click on Employee Fund.)

GVCH Award



GVCH deserves a big 'round of applause' after being notified that it qualified to receive the CHART "Certificate of Excellence" for July 2010. This means that staff achieved above average or superior scores in five of eight measure sets used to determine eligibility. This is a significant achievement in light of the Patients First initiative. GVCH did not receive a single "below average" or "poor" score on any CHART measure reported on. Scores can be viewed at calhospitalcompare.org. Congratulations to all.



Saturday August 14, 11:00am - 4:00pm.
Up to three tickets for immediate family (\$6). Information: 569-8970

Avon Walk - Call for Crew

Would you, or someone you know who works in the medical profession as a nurse, physician, paramedic or EMT, like to volunteer for the **Avon Walk for Breast Cancer** Event in September?

On September 11 and 12, thousands of men and women will walk 39.3 miles over the course of the weekend in Santa Barbara. If you are available to Crew (meaning you'd be providing basic medical care to the walk participants) throughout the weekend, on the walk route or in Avon's Wellness Village, please contact Lauren the Avon Crew and Volunteer Coordinator at laurens.santabarbara@avonwalk.org to learn more and to register.



Congratulations on your new baby!

Diana C. Pineda (Surgery) and **Michael Anthony Monroy** are pleased to announce the birth of their son **Michael Anthony Monroy Pineda**, born June 17.

Resident **Erin Moore** (Medical Education) and **Zack Moore** are pleased to announce the birth of their son **Riley David Moore**, born June 17.

Calendar

August 4, 18, 25
Heart Smart
Various Heart Health Topics
1000-1100 / E&F

August 13/14
PALS
0900-1600
GVCH/Ashton
Life ED

August 17/24
Breastfeeding Education
Two 6-hour classes
0900-1530

September 3
ELNEC Part I
0800-1530
Registration 0730

September 10/11
ACLS
0900-1530
GVCH/Ashton
Life ED

September 17/18
ENPC Class
0745-1700
Registration 0745
SBCH/Burness

September 23
Basic Preceptor
0830-1430
SBCH/G

October 14
Truly Advanced Fetal Monitoring
0900-1530
Burness Back Half

October 25/26
ACLS Provider for L&D
Conference Room C&D
0800-1700/Registration 0745

Shared Governance classes Code of Conduct offered on

August 3 **September 21**
August 18 **October 5**

See D&D website for complete schedule, times and locations.

CHS STAFF BLS RENEWAL DATES

SBCH: August 5

CRH: September 14

GVCH: August 11

SYVCH: August 19

New schedule: Please see Calendar on D&D website.

Reminders

August 13
SWOT Symposium
0800-1700
Burness

August 14
Employee Picnic

September 8, 15, 22
Conversational Medical Spanish I
0900-1200
SBCH/G (9.8 & 9.22)
Reeves (9.15)

October 2
Saving the Brain
0700-1600
Fess Parker's DoubleTree

"Come Round With Us" RNs interested in learning about critical care as a career opportunity are welcome to join daily rounds in the MICU and SICU on Fridays, 0800-1000. Information/RSVP: Lena Henson x57344.

Preregister via HealthStream unless otherwise noted. Registration forms available on your unit or register online at www.healthstream.com/hlc/cottagehealthsystem.
Classes are free for CHS staff; \$5/credit hr for travelers; \$10/credit hr for others.

Editor: Ian Vorster / Story ideas and submissions welcome. The deadline is the 10th of each month. / Email ivorster@sbch.org.